

# YOUR GUIDE TO ASHEVILLE NORTH CAROLINA



## **Deerfield welcomes you to Asheville, NC!**

We're so glad you've chosen to visit us!

Nestled in the heart of the Blue Ridge Mountains, Asheville is a vibrant city known for its breathtaking scenery, thriving arts scene, and warm Southern hospitality. Whether you decide to explore the historic Biltmore Estate, hike the scenic trails of the Blue Ridge Parkway, or enjoy the local craft beer scene, there's something here for everyone. We hope your time here is filled with discovery, relaxation, and a touch of mountain magic. May this guide help you make the most of your time here and give you things to look forward to when you return.

Welcome—and enjoy every moment!



*This complimentary resource is provided to help you explore our amazing city. Feel free to take it home with you and use it as you plan future visits! We hope you come to love Asheville as much as we do.*





# ASHEVILLE

**Asheville's** roots trace back to the late-18th century when it was first settled around 1792. Originally known as Morristown, it was renamed and officially incorporated as Asheville in 1797, in honor of North Carolina Governor Samuel Ashe. The arrival of the railroad in the 1880s transformed Asheville into a bustling hub, attracting tourists and new residents alike. This era also saw the construction of the iconic Biltmore Estate, completed in 1895, which remains the largest privately owned home in the U.S.

By the 1920s, Asheville had become the third-largest city in North Carolina—known for its vibrant arts scene and luxurious resorts. Today, Asheville is celebrated for its rich history, preserved Art Deco buildings, and its role as a cultural and outdoor destination in the Blue Ridge Mountains.

**Deerfield Episcopal Retirement Community** grew from the dream of Rt. Rev. George Henry, who envisioned the creation of a caring community for seniors. His dream was realized in 1955 through a generous gift by Charles and Marjorie Timson, and the community was initially established in the Timsons' eleven-room summer residence on 30 acres of farmland.

Now, 70 years later, Deerfield has grown into a prestigious, nationally-acclaimed, life care community on 125 beautiful acres. With more than 600 residents and 350 employees, Deerfield strives to enrich the lives of those who live and work here and provide a continuum of services to empower residents to live life to the fullest.







WHY NOT

# STAY LOCAL

Following the devastating, community-wide impact of Hurricane Helene, Asheville has been slowly springing back to life. Here are a few hotel suggestions to use as a starting point to find the perfect place to stay while you are in town. Please ask our concierge team about available discounts on select hotels!



## > **DOUBLE TREE BY HILTON ASHEVILLE BILTMORE**

Comfortable accommodations await you in the heart of Asheville's historic district. This family-friendly hotel sits just a quarter mile from the entrance to Biltmore Estate.

**115 Hendersonville Road | 828.274.1800**

[www.hilton.com/en/hotels/avlbnmdt](http://www.hilton.com/en/hotels/avlbnmdt)



## > **HAMPTON INN & SUITES BILTMORE VILLAGE**

Bring your pet along and stay just two blocks from Biltmore Estate! Hampton Inn Biltmore Village offers an indoor pool, complimentary breakfast, and free parking.

**117 Hendersonville Road | 828.277.1800**

[www.hilton.com/en/hotels/avlbvvhx](http://www.hilton.com/en/hotels/avlbvvhx)



GRAND BOHEMIAN LODGE  
ASHEVILLE  
AUTOGRAPH COLLECTION  
HOTELS

## > **GRAND BOHEMIAN LODGE**

While not on our discount list, this recently reopened, unique AAA hotel in the heart of Biltmore Village is an amazing stay! Visit their luxury spa or dine at their fabulous Red Stag Grill.

**11 Boston Way | 828.505.2949**

[www.kesslercollection.com/bohemian-asheville/](http://www.kesslercollection.com/bohemian-asheville/)





CHECK OUT OUR  
BREAKFAST

# FOOD SCENE

In Asheville, it's all about the biscuit! And several of our best morning bites are just a stone's throw away from Deerfield. If you stop by Biscuit Head, be sure to sample the unique varieties on the jam bar. Or you could try a mimosa flight at Early Girl Eatery. Wherever you decide to go, be sure to go hungry because you will most certainly walk away full.



## > BISCUIT HEAD

If you've never eaten at our award-winning Biscuit Head, you're in for a treat. This local icon serves up what Food & Wine has rated as one of the "Top 5 Biscuits in the Nation!"

**1994 Hendersonville Road | 828.585.2055**

[www.biscuitheads.com](http://www.biscuitheads.com)



## > EARLY GIRL EATERY

Asheville has three Early Girl locations and one of them is just up the road from Deerfield! You may eat in, take it out, or even DoorDash or UberEats a breakfast fit for a southern king.

**1378 Hendersonville Road | 828.259.9292**

[www.earlygirleatery.com](http://www.earlygirleatery.com)



## > SUNNY POINT CAFE

Open for both breakfast and lunch, Sunny Point is another of Asheville's favorite places to grab some local grits or fried green tomatoes. Short on time? Order online!

**626 Haywood Road | 828.252.0055**

[www.sunnypointcafe.com](http://www.sunnypointcafe.com)





CHECK OUT OUR  
LUNCH

# FOOD SCENE

The restaurant choices in Western NC are top-notch, so if you need to grab a bite to eat and want to skip the fast food lines, Asheville has plenty of options to fuel your busy day. Here are several of our favorite eateries within a few miles of our campus!



## > JUICY LUCY BURGER BAR & GRILL

Family owned, this unique burger bar uses local ingredients to serve up a uniquely cheesy burger that you won't soon forget. Adventuresome eater? Give their Carolina Bison Burger a try!

**620 Hendersonville Road | 828.277.0355**

[www.juicylucysburgerbarandgrill.com](http://www.juicylucysburgerbarandgrill.com)



## > TUPLEO HONEY SOUTHERN KITCHEN & BAR

This caring restaurant showed their heart for our community after the devastation of Helene by serving as a hub for free meals for a number of days after the storm. Southern hospitality at its best!

**1829 Hendersonville Road | 828.505.7676**

[www.tupelohoneycafe.com/restaurant/south-asheville/](http://www.tupelohoneycafe.com/restaurant/south-asheville/)



## > ABUELA'S LITTLE KITCHEN

Enjoy food with a Hispanic flair? Then Abuela's brunch menu will make you smile! Whether you choose breakfast, brunch, or lunch, their simple yet fresh food will be sure to hit the spot.

**8 Long Shoals Road | 828.676.2454**

[www.abuelaslittlekitchen.com](http://www.abuelaslittlekitchen.com)





CHECK OUT OUR  
DINNER

# FOOD SCENE

The eclectic variety that gives our town its charm spreads also to our dinner menus! Dozens of restaurants are on our “must try” list, so it’s hard to pick just a few. Here are a few stand-outs that have put a unique twist on their cuisine.



## > CHAI PANI

Named “One of America’s Favorite Restaurants” by The New York Times, Chai Pani makes the best Indian street food you can find in the South! Like what you taste? They sell their seasonings, too.

**32 Banks Avenue | 828.254.4003**

[www.chaipani.com](http://www.chaipani.com)

131  
MAIN

## > 131 MAIN RESTAURANT

Steak is the name of the game at 131 Main and their hickory wood fire grill makes for one of the best in town! Make your reservations from their website to grab your spot at the table.

**308 Thetford Street | 828.651.0131**

[www.131-main.com](http://www.131-main.com)



## > OYSTER HOUSE BREWING CO.

If you’re craving seafood, Oyster House will serve up a southern Po Boy in style. Or if you’re into the craft beer scene, their signature Oyster Stout is one you’ve got to try!

**625 Haywood Road | 828.575.9370**

[www.oysterhousebeers.com](http://www.oysterhousebeers.com)





NEVER STOP

# EXPLORING

## BILTMORE HOUSE & GARDENS <

Come see for yourself the beauty and grandeur of the largest privately owned home ever built in the country. Stroll the gardens or visit the winery, too! An unforgettable day awaits you!

**800.411.3812 | One Lodge Street (Reservations required)**

[www.biltmore.com](http://www.biltmore.com)



## NORTH CAROLINA ARBORETUM <

They are still working hard to recover from the devastation of Helene, but the NC Arboretum has finally reopened! Visit the lovely gardens, stroll the gravel trails, and take in the floral beauty of WNC.

**828.665.2492 | 100 Frederick Law Olmstead Way**

[www.ncarboretum.org](http://www.ncarboretum.org)



## BLUE RIDGE PARKWAY <

Aptly called "America's Favorite Drive," the Blue Ridge Parkway spans the Appalachians, and Deerfield sits only half a mile from the closest access! If you've got the time, hike a bit while you're here, too.

**828.298.5330 | Visitor's Center: 195 Hemphill Knob Road**

[www.blueridgeparkway.org](http://www.blueridgeparkway.org)







WHAT TO SEE

# DOWNTOWN

## WOOLWORTH WALK <

Few things are more iconic than an old fashioned soda fountain! Woolworth Walk has incorporated the old with the new, and created a unique gallery experience downtown that is “worth” a visit.

**828.254.9234 | 25 Haywood Street**

[www.woolworthwalk.com](http://www.woolworthwalk.com)



## GROVE ARCADE <

Constructed in 1928 as America’s first indoor shopping venue, this architectural landmark is both unique and historically interesting.

Shop local, eat casual, or just enjoy the area! You won’t regret it.

**828.252.7799 | 1 Page Avenue**

[www.grovearcade.com](http://www.grovearcade.com)



## BATTERY PARK BOOK EXCHANGE <

If you’re at Grove Arcade you won’t want to miss the bookshop on the corner! This is more than just a used book store; it’s a TikTok sensation. Browse with a beverage and take it all in.

**828.252.0020 | 1 Page Avenue Suite 101**

[www.batteryparkbookexchange.com](http://www.batteryparkbookexchange.com)







WHY NOT HAVE

# A LITTLE FUN

## ASHEVILLE RETROCADE <

Vintage Pinball, Packman, Mario...with over 5000 games available, you can play all day for the \$10 entrance fee. Retrocade also boasts an impressive collection of local draft beers to enjoy while you play.

**828.575.9488 | 800 Haywood Road #100**

[www.ashevilleretrocade.com](http://www.ashevilleretrocade.com)



## SIERRA NEVADA BREWERY <

Visit one of Asheville's finest breweries and sample the 23 beers on tap! Whether you take a tour, reserve a table for dinner, or simply check out the gift shop, your time at Sierra Nevada's east coast location is bound to be memorable.

**828.681.5300 | 100 Sierra Nevada Way, Mills River**

[www.sierranevada.com](http://www.sierranevada.com)



## TUBING ON THE FRENCH BROAD <

Voted the best tubing in WNC, Zen Tubing is the place to go in town if you love the water. What a beautiful way to relax and refresh as you soak in the scenery along the French Broad River.

**855.936.8823 | 1648 Brevard Road**

[www.zentubing.com](http://www.zentubing.com)







WHY NOT

# TAKE A TOUR

## GRAY LINE TROLLY TOUR <

Start your journey of discovery at Asheville's Visitor Center and have a local tell you all about our mountain home. This hop-on-hop-off tour explores the history and highlights of our amazing city.

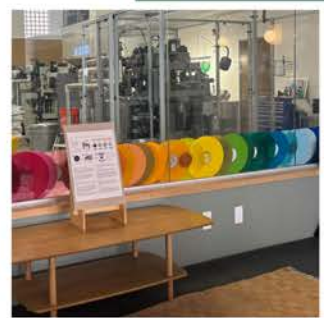
**828.251.8687 | 36 Montford Avenue**  
[www.graylineasheville.com](http://www.graylineasheville.com)



## CITIZEN VINYL RECORDS <

Housed in the historic home of the Asheville Citizen Times, this boutique pressing and recording studio is another great stop if you're downtown. Schedule a tour for only \$10 and check it out!

**828.515.3070 | 14 O' Henry Avenue**  
[www.citizenvinyl.com](http://www.citizenvinyl.com)



## THOMAS WOLFE MEMORIAL STATE HISTORIC SITE <

Remembered as one of NC's most famous authors, Thomas Wolfe was born and raised right here in downtown Asheville! Visit the early 1900's boarding house that his mother ran and learn more about his fascinating life.

**828.253.8304 | 52 N Market Street**  
[www.wolfememorial.com](http://www.wolfememorial.com)







# HOSPITALITY

We hope this information helps you make the most of your time at Deerfield, and gets you started on your best Asheville experience. If you have questions or need assistance, please stop by the Concierge Desk in Deerfield's Community Center or reach out using the contact information listed below.

Thank you for spending time at Deerfield. We hope to see you in Asheville again soon!



828.274.1531



[Marketing@DeerfieldWNC.org](mailto:Marketing@DeerfieldWNC.org)



1617 Hendersonville Road, Asheville, NC 28803

All resources provided are based on information available as of July 2025 and provided as points of reference only. Availability of events and venues are subject to change, and we encourage you to explore specific questions about dietary options, accessibility, and more by contacting the local businesses directly.