



Strong Foundations

Issue 3
March 14, 2025



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Volunteer Engagement Event: Know before You Go!

What is your volunteer style?

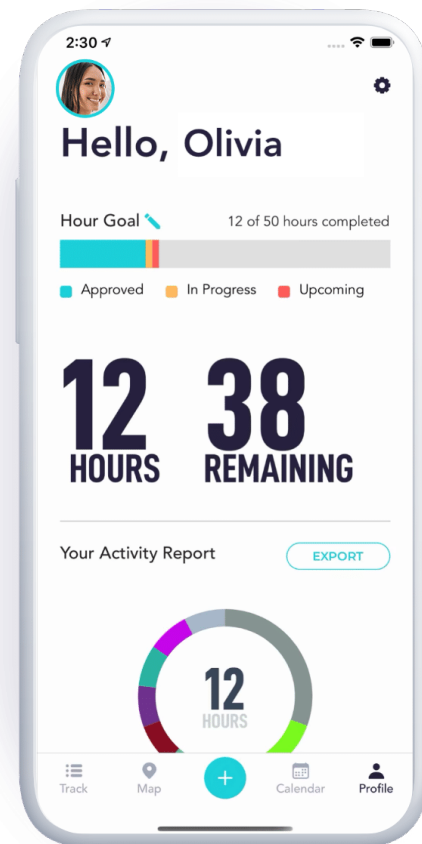
Get a head start before the Volunteer Engagement Event by taking our quick quiz! Discover your volunteer style and get matched with a potential organization before hearing from all the groups at the event. Afterward, you'll have the chance to meet them, ask questions, and sign up for opportunities that inspire you. Don't miss out on the opportunity to find Your Volunteer Match — take the quiz [HERE!](#)

Event Details:

Date: Monday, March 31st

Time: 6:00pm

Location:
Blue Ridge Room



Make Every Second Count—Track Your Volunteer Hours!

How do you keep track of your impact? This year, we're encouraging you to log your volunteer hours as you go—so nothing gets left behind! **Givefinity** is the perfect app to help you stay on top of your service. Set



goals, log hours, track organizations, locations, dates, and times—all in one place. Plus, the app even gives you a countdown to your goals right on your homepage!

Not an app person? No worries! We've got printable tracking sheets available too. No matter how you do it, be sure to track your hours so every moment of your service counts!

Need help navigating? Watch the tutorial [HERE](#)!

Who will be there and what to expect?

The Volunteer Engagement Event will bring together a variety of charitable organizations, each dedicated to making a difference in key areas of need.

You'll hear from volunteer coordinators representing:

- Education & Literacy
 - Johnston Elementary
 - Verner Early Childhood
- Food Insecurity
 - Meals on Wheels
 - Calvary Food Pantry
- Affordable and Transitional Housing
 - Habitat for Humanity
 - ABCCM
 - VRQ
 - Transformation Village
- Animal Rescue
 - Asheville Humane Society

If you're looking for ways to serve within the Deerfield community, we'll also have internal opportunities in:

- Life at Deerfield
 - Resident Life
 - Resident Council
- Providing for the outside community from inside Deerfield
 - Sewing Sowers
 - Rotary
- Financial Services
 - AARP Tax Aide

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Each organization will give a short elevator pitch about their mission, followed

by a chance to mingle, ask questions, and find the perfect volunteer match for you. Don't miss this opportunity to connect and give back.

SEE YOU THERE!

Resident Educational Sessions:



Financial Wellness

Our recent session, *The Value of a Financial Advisor & Estate Planning 101*, featured insightful presentations from Tim Escott (Buckhead Capital Management) and Tom Noble (First Citizens Bank) respectively, covering essential strategies for securing your financial future.

Tim highlighted the importance of working with a financial advisor, outlining key factors for selecting the right one—including competency, trustworthiness, and fee structures. He shared insights on how professional oversight can lead to better financial outcomes and the value of goal-based investing.

Tom provided an overview of estate planning, emphasizing the importance of having a will, power of attorney, and healthcare directives in place. He discussed common pitfalls such as delays, high legal fees, and unintended inheritances, while also explaining the benefits of trusts and tax-saving strategies.

Attendees gained practical

Recap of our latest Resident Educational Sessions:



Pictured: Doctors Woodall and McLean

Healthy Aging

Doctors Woodall and McLean delivered an informative session on diabetes awareness, prevention, and management, providing attendees with key insights into maintaining long-term health.

The presentation covered essential topics such as risk factors, lifestyle modifications, and treatment options, emphasizing the role of diet, exercise, and regular screenings in diabetes prevention and care. They also discussed the latest advancements in diabetes management, including medication options and strategies

knowledge to help them make informed financial and estate planning decisions.

See below for our next lecture in the series!

to reduce complications.

Thank you to Doctors Woodall and McLean for sharing their expertise!

The recorded lecture will be available on the *MyDeerfield* App by Friday, March 21st!



Coming Soon Making the Most of QCDs, CGAs, DAFs

Join us for an informative session on Qualified Charitable Distributions (QCDs), Charitable Gift Annuities (CGAs), and Donor-Advised Funds (DAFs)—three powerful tools that can help you maximize your charitable giving while optimizing tax benefits.

Learn how QCDs can reduce taxable income, how CGAs provide a steady income stream while supporting causes you care about, and how DAFs offer flexibility in charitable contributions. Our experts will break down these strategies and answer your questions to help you make informed financial and philanthropic decisions.

Date: June 18, 2025

Time: 3 PM

Location: Blue Ridge Room

Employee Recognition

Celebrating our Scholars

Congratulations to
Erianna Keyse, Al Nichols,
Lauren Ott, Vanessa Radford,



On Thursday, March 6, Deerfield proudly celebrated the dedication and commitment of our employees at the annual Employee Service Celebration. We honored team members who have reached milestones of 5, 10, 15, 20, and 25 years of service, recognizing their invaluable contributions to our community.

This event not only highlighted the outstanding service our employees provide at work each day, but also the amazing development they do in their personal time to enable them to provide even better care!

If you would like to support this wonderful initiative to provide our employees with scholarships for furthering education, you can donate [HERE!](#)

and Taryn Tindall on receiving this year's scholarships! The Danny Boone Scholarship Fund and Danny Boone Scholarship Endowment—made possible through generous donations—enable us to provide employees with these life-changing scholarships, helping them achieve their educational and professional aspirations.

We would also like to extend our heartfelt gratitude to the Danny Boone Scholarship Committee, a dedicated group of residents who are deeply committed to supporting education and championing the advancement of our employees at every opportunity. Their generosity and passion for learning make a lasting impact on the Deerfield community.



From Mountains to Sea: How YOUR Support Helped in a Time of Need



Last month, thanks to the generosity of our donors, Deerfield Charitable Foundation was able to provide \$20,000 to the LeadingAge Disaster Relief Fund to support older adults and caregivers affected by the devastating wildfires in Southern California.

This act of giving was deeply personal. When Hurricane Helene struck our mountain home, kindness poured in from across the country—including from California. Now, we have extended that same compassion in return, standing beside our fellow LeadingAge members as they rebuild.

Because of you, relief reached those who needed it most. Together, we have shown that in times of crisis, no one stands alone.

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