



Massage Benefits

Many studies have found massage helpful for:

- Pain, injury, disease
- Muscle and joint stiffness
- Blood pressure control
- Boosting immunity
- Stress relief
- Managing anxiety and depression
- Assisting in maintaining an optimal lifestyle



During Your Visit

Your comfort and enjoyment are paramount to us, so let us know if you have concerns about depth of pressure during your massage, the temperature of your spa room, music volume or any other concerns that we may adjust to optimize your experience.

Quiet Please!

To maintain a peaceful and relaxing atmosphere, we ask that you turn off your cell phone and keep conversation to a whisper.

Gratuities

Riverwalk Spa staff graciously accepts gratuities.

We have a 24-hour cancellation policy.

To schedule your appointment or to purchase a gift certificate, call **(828) 210-4636**.

Ask about booking a spa party.

Non-residents welcome.



Located in Haden Hall at Deerfield
1617 Hendersonville Road Asheville, NC 28803
RiverwalkSpaDeerfield.com

Prices effective as of December 1, 2019



RIVERWALK SPA



Menu of Services

Deerfield

Skin Care

Riverwalk Facial

Our signature facial is customized to your skin's specific needs to refine and pamper your complexion. This treatment smooths and strengthens all skin types. Your stress will melt away with a facial, shoulder, décolletage, arm and hand massage that perfectly complements this restorative treatment. Mask and extractions included if needed.

30 minutes **\$45** 60 minutes **\$75**

Relax & Renew

A full body skin care service that starts with dry brushing followed by a sugar scrub exfoliation, hot towels and Manuka Honey Cream moisturizer. This treatment rejuvenates the skin, helps support lymphatic function and provides a natural energy boost.

45 minutes **\$65**

Add-on Enhancements can be added to Skin Care or Massage

Mini Scalp Massage Drift away as all tension in your body is soothed through the stimulation of a full scalp massage incorporating warm & cold stones on face and neck. **\$15**

Foot, Hand, or Back Therapy A gentle exfoliation removed with warm towels followed by Manuka Honey Cream massaged in, then wrapped with warm packs to further the absorption and softening. This treatment is like a drink of water to the skin. **\$15**

Hair Services

Haircuts

Ladies **\$19**
Gentlemen **\$15**
Beard Trim **\$8**
Add-on Shampoo **\$5**
Shampoo Only **\$10**
Deep Conditioning **\$15**
Scalp Treatment **\$15**

Color & Texture

Color Touch-up **\$40 & up**
Full Color **\$55 & up**
Highlight/Lowligh **\$75 & up**
Fashion Color **\$30 & up**
Permanent **\$70**

Styling

Shampoo + Set **\$22**
Shampoo + Blow Dry **\$23**
Haircut + Style **\$40**

Additional services available upon request

TO SCHEDULE YOUR APPOINTMENT
CALL (828) 210-4636



Massage

Relaxation Massage * **

Create a wonderful, customized relaxation massage experience with light to medium pressure.

30 minutes **\$35** 45 minutes **\$50** 60 minutes **\$65** 90 minutes **\$90**

Therapeutic Massage * **

Release patterns of tension, stress, and fatigue with this medium pressure to deep tissue massage technique that is both corrective and therapeutic. Hot towels included.

30 minutes **\$45** 45 minutes **\$60** 60 minutes **\$75** 90 minutes **\$105**

Hot Stone Massage

Transport yourself to a state of ultimate relaxation with this rejuvenating and restorative technique of massage that uses heated volcanic river stones. Stones can be used as tools for deeper work or lightly to soothe muscle tension.

30 minutes **\$45** 45 minutes **\$60** 60 minutes **\$75** 90 minutes **\$105**

Hand & Foot Massage *

Using reflexology, customized pressure is applied to the hands and feet which stimulates the body's central nervous system creating improved circulation and relaxation.

30 minutes **\$45**

Waxing

Brow (for initial shaping) **\$20**

Brow **\$12**

Lip **\$8**

Chin **\$12**

Nostrils **\$8**

Full Face **\$35**

Lash or Brow Tint **\$20**

Clients should not use retinol products on areas to be waxed.

*Mobile service available for an additional **\$10**

Mobile service with massage table set up **\$20

Ask us about mobile services in Health Care.

Nail Services

Manicure

Natural nails are shaped, cuticles are cared for, arms and hands are massaged. Nails are finished with your choice of polish. **\$20**

Shellac Gel Manicure

This is a safer alternative to artificial acrylic gel. Our gel hybrid polish offers high-gloss, chip-free results. Your nails will last up to two weeks, sometimes longer. Easy removal process. **\$27**

Pedicure

Ease foot discomfort with an Epsom salt foot bath followed by careful clipping and shaping of nails. Continue with an organic coconut oil and sugar scrub and therapeutic leg and foot massage. Followed by a hot towel wrap and finished with your choice of polish. **\$34**

Nail Trimming

Enjoy a quick sanitizing soak followed by nail trimming and shaping. **\$15**

Add-on Enhancements can be added to any of our Nail Services

French or American-style Polishes **\$10**

Polish Refresher or Touch-up **\$10**

Shellac Polish Soak Off or Touch-up **\$15**

Nail Repair **\$3** per nail

Paraffin Treatment

Envelope your hands in a warm, nourishing experience. Treatments are self-contained in disposable plastic. **\$5**

